

Dear Parents / Carers,

Here are few active games your child can do at home. It is really important that they keep being active to keep healthy and all these games can be done at home. We have played them at school together so the children know how to play them. Feel free to adapt them in any way you like just keep moving! We would love to see what you are doing so please take photos to share with us at school.
Mrs. Turner

Here is a link for more activities you can do at home to keep healthy.
www.nhs.uk › change4life

Natural times tables/Counting

Have a walk around outside area.

Can you find leaves with five points to illustrate the five times tables? Lay the leaves in a line and count in 5's. Try it with leaves with different numbers of points, 3's, 4's, 6's.

Count the leaves in ones for each leaf.

You can also do this with twigs, stones and other natural objects. Can you make shapes using objects?



Natural Words

Can you spell your words using natural objects?

Skip counting

Skip as you count in ones, 2, 5, 10, etc.

Adapt for inside the house, instead of skipping, jump each number, or clap, star jump, hop, move arms to different positions, knee lifts, etc.

Skip Spelling

You can also do this saying each letter of a word as you jump



Object Catch

Use a ball, screwed up piece rubber, beanbag, etc. Throw object in the air and on each say the next number in the table/number pattern.



of paper, the catch times

Count forwards and backwards in ones/times tables. Throw and catch with a partner counting together.

Personal Challenge

JUMP!



Using a line, throw down marker, spot, cone or cushion, the children jump over the object sideways. Each time they jump they may the next multiple in a times table/sequence or next

letter in a word for spellings.

Personal Challenge

Time it! Ask a partner to time how long it takes to count through the whole number sequence/ times table. Try to beat your time.

<p>Time it! Ask a partner to time how long it takes to count through the whole number sequence/ times table. Try to beat your time.</p>	
---	--