

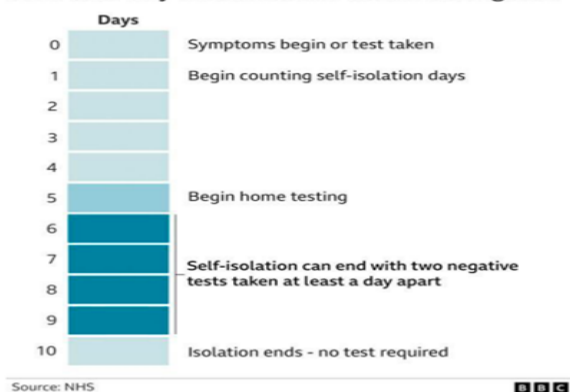
Testing and Isolation rules for Covid from 17th Jan

Children aged 5 years upwards should do **daily lateral flow testing for 7 days** if they are a **close contact** of someone with Covid (as notified by NHS Test and Trace).

If the child **develops symptoms**, then they need to self-isolate for 10 days and take a PCR test. If the PCR is positive, then they must self-isolate at least for 5 full days (same rules as below). If the PCR is negative they can stop self-isolating and restart daily LFT testing.

If they **don't have symptoms** but **test positive on the lateral flow test (LFT)** then they no longer need a PCR test to confirm but must self-isolate and report the test result online or call 119. If the child then tests negative on a LFT for two consecutive days from day 5 of isolation then they can end their self-isolation. If the child continues to test positive then the isolation is the full 10 days, as before.

How five-day isolation rule works in England



Spellings

Year 1 - Adding 'er' to adjectives

Eg grander, fresher, quicker

Year 2 - The 'e' and the end of words is dropped before 'ing' 'ed' 'er' 'est' 'y' or any other suffix

Eg hiking, shiny, nicest

Year 3 - The suffix 'ous'

Eg poisonous, dangerous, enormous

Year 4 - Demonstratives

Eg there will- there'll, there is- there's

Governor vacancies

We have space on our governing body for foundation governors. If you would be interested in getting involved, please get in touch with the school for a chat about what governors do on 01289 388268 or email via our admin@lowick.northumberland.sch.uk

Eco School News

This week we introduced the Big School's Birdwatch, which we will be taking part in during February through the RSPB. We talked about the RSPB (Royal Society for the Protection of Birds) mission, why we need them and what they do. We also discussed why birds are important for seed dispersal, insect and disease control and general environmental health, and why we need to keep track of the numbers of different species we have. We made some bird feeders and will be making birdhouses next to make sure we get lots of visitors! We will research different birds and explore more reasons why we want to take part in this event. This links well to SDG 13: Climate Action and 15: Life on Land.

Miss Easten

