## How we develop Spiritual Capacities at Lowick and Holy Island CE First Schools

Spiritual Capacity (Vickery, 2020)	Bible	Experience
Be self-aware and learn to empathise with the experience of others as relationships deepen and an understanding of interdependence grows.	Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. John 13: 14-15	School value – Compassion. Supported and developed through regular school value focus in worship and class worship. Recognised in celebration worship each week. Pupils' commitment to social action – foodbanks, and raising awareness of key issues). Restorative Practice led behaviour policy.
Be guided by their beliefs and values and be willing to take a stand to defend them.	Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. Ephesians 6:14 -15	Supported and developed in character education & through regular school value focus in worship and class worship. Recognised in celebration worship Courageous Advocacy supported and encouraged in school in terms of action as well as fundraising
Love themselves, care for themselves, believe in their potential to achieve and find inner strength and resilience when facing challenges	Come to me, all you who are weary and burdened, and I will give you rest.' Matthew 11: 28	Healthy Relationships in PSHE, Commando Joe's character education Pastoral care, Emotional literacy and Thrive Reflection areas and guided meditation/stillness
Exercise imagination and creativity, appreciate beauty in the world and be alive to experiences of awe and wonder.	praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14	Work with local artists and craftspeople Creative curriculum and enrichment Outdoor learning and worship

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Be intrigued by mystery and be open to an awareness of the transcendent in the whole of life.	Just as you cannot understand the path of the wind or the mystery of a tiny baby growing in its mother's womb, so you cannot understand the activity of God, who does all things. Ecclesiastes 11:5	Worship including visits to local Churches Visitors to school. Daily collective worship
Be comfortable with stillness and silence and be open to engage in reflection/meditation/prayer.	Think about what I am saying. The Lord will help you understand all these things. 2 Timothy 2: 7	Quiet time and places in school Mindfulness in school. Reflection areas including outside Godly Play Outdoor worship Collective worship with time to reflect
Be ready to say sorry when mistakes are made, to forgive themselves and to forgive others.	Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. Colossians 3: 13	Restorative Practice led behaviour policy. School values – treat others as you would like to be treated as our Golden Rule Pastoral care, ELSA and Thrive
Be willing to take risks and to reflect, learn and grow following experiences of failure as well as success.	Meanwhile, Zacchaeus stood before the Lord and said, "I will give half my wealth to the poor, Lord, and if I have cheated people on their taxes, I will give them back four times as much!" Luke 19: 8	School ethos reinforced through curriculum, Commando Joe's character education Celebration collective worship Pupil voice guidance linked to self-awareness of. what to do as learners if they are struggling

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Demonstrate curiosity and open mindedness when exploring life's big questions.	One day as Jesus was praying in private and the disciples were with Him, He questioned them: "Who do the people say I am?" They replied, "Some say John the Baptist; others say Elijah; and still others, that a prophet of old has arisen." "But what about you?" Jesus asked. "Who do you say I am?" Peter answered, "The Christ of God." Luke 9: 18-20	Enquiry based learning and child led learning Creative curriculum designed for curiosity PSHE curriculum and pastoral care Collective worship British Values
Appreciate and be thankful for what is good in their lives and show generosity towards others.	Be thankful in all circumstances. 1 Thessalonians 5:18	Friday collective worship focus on giving thanks PSHE curriculum Pastoral care, ELSA and Thrive Courageous advocacy Awareness of wider issues, social action and Fundraising